

PUBLIC NOTICE – 3rd PHASE
SPECIAL SELECTION AND ADMISSION FOR INTERNATIONAL STUDENTS
DEGREE IN NUTRITIONAL SCIENCES
Academic Year 2025/2026

VACANCIES

23 vacancies

APPLICATION CALENDAR

	3 rd Phase	
	Start	End
Submission of Applications	08/07/2025	14/07/2025
Provisional results	Until 25/07/2025	
Final results	Starting on 08/08/2025	
Enrolments	27/08/2025 to 29/08/2025	
Possible placement of substitutes	To be defined	

JURY

Professor Conceição Calhau, PhD (President)
 Professor Ana Faria, PhD
 Professor Diogo Pestana, PhD

CANDIDATE NOTIFICATION

The results of each stage of the process are communicated individually to each candidate to the e-mail provided at the time of application and are published on the website of NOVA Medical School.

ELIGIBLE CANDIDATES

This competition is aimed at international students. **International students** are all those who **do not have Portuguese nationality** and who **do not fall into any of the following categories**:

- Being a national of a Member State of the European Union or a national of a State Party to the Agreement on the European Economic Area;
- Being a family member of a Portuguese national, a national of another European Union Member State, or a national of a State Party to the Agreement on the European Economic Area, regardless of their nationality, with the concept of "family member" defined in point e) of Article 2 of Law No. 37/2006, of August 9;
- If not a national of a Member State of the European Union or a State Party to the Agreement on the European Economic Area, and not falling under the previous subparagraph, having legally resided in Portugal for more than two years, uninterruptedly, as of January 1st of the year in which they intend to enrol in higher

education, as well as their children who legally reside with them; the period of residence with a study residence permit is only considered during the time the student is attending secondary education in Portugal;

- d) Being a beneficiary, as of January 1st of the year in which they intend to enrol in higher education, of a status granting equality of rights and duties under a treaty or international agreement concluded between the Portuguese State and the State of which they are a national;
- e) Applying for admission to higher education through the special access and admission regimes regulated in Chapter II of Decree-Law No. 64-A/2023 of July 31;
- f) Attending NOVA Medical School | Faculdade de Ciências Médicas under an international mobility program to complete part of a study cycle from a foreign higher education institution with which NOVA Medical School | Faculdade de Ciências Médicas has established an exchange agreement for this purpose.

Any person in a situation of humanitarian emergency can also apply for international student status (article 8thA of Decree-Law no. 36/2014). According to article 8th A of Decree-Law no. 36/2014, a person in situation of humanitarian emergency is anyone coming from a country or region where there is a recognised situation of armed conflict, natural disaster or widespread violation of human rights that requires the need for a humanitarian response.

Notice: All students who enter higher education under the international student status maintain this status until the end of the study cycle in which they initially enrolled or to which they transfer, even if, during the course of any of these study cycles, they are granted the status of equality of rights and duties under a treaty or international agreement concluded between the Portuguese State and the State of which they are nationals. This does not apply to those who acquire Portuguese nationality, the nationality of another European Union Member State, or the nationality of a State Party to the Agreement on the European Economic Area.

CONDITIONS OF ACCESS AND ENTRY

Candidates who meet the following conditions may apply for vacancies available for international students in the first cycle of studies:

- a) Holders of a qualification – any diploma or certificate issued by a competent authority – that entitles them to apply and enter higher education in the country where it was obtained;
- b) Holders of a Portuguese secondary school diploma or legally equivalent qualification;
- c) Compliance, as of the date of the current application process, with the Group A prerequisite (medical certificate) established by NMS|FCM/UNL, in accordance with Decree-Law No. 296-A/98 of September 25 which regulates the general regime for access and admission to higher education, and in accordance with Deliberation No. 450/2025 of March 26.

Specific Conditions for entering the first cycle in Nutrition Sciences:

1. Analysis and evaluation of the specific academic qualification for admission into the cycle of studies the candidate is applying for:

- a) When the candidate is the **holder of a Portuguese secondary education course**, this verification will focus on the approval in the **two** entrance exams defined for the Degree in Nutrition Sciences of this Faculty: 02 Biology and Geology and 07 Physics and Chemistry;
 - b) When the candidate **does not hold Portuguese national exams**, the specific academic qualification may be based on one of three situations:
 - i. Having taken national exams in Biology and Chemistry for higher education admission in the country of origin, or equivalent subjects, considered equivalent as those subjects that, even if with different names, have the same level and objectives and similar content to the entrance exam program they aim to replace, and also, the terminal exams of homonymous subjects under the terms of Deliberation No. 674/2025 of May 15 by the Commission for Access to Higher Education (CNAES);
 - ii. Having completed high school final exams both in Biology and Chemistry, in the country of origin;
 - iii. Having attended and obtained approval in both the subjects of Biology **and** Chemistry in high school in the country of origin, **proving that the candidate meets the conditions to access higher education in their country, if the candidate is able to present the official document certifying this qualification.**
 - c) When the candidate is a **Brazilian high school graduate**, and whenever applicable, this demonstration corresponds to the approval in the area of Nature Sciences and its Technologies in the National High School Exam (*Exame Nacional do Ensino Médio*, **ENEM**), with a **minimum required score of 100 points**.
2. Demonstration of knowledge of the Portuguese language (B2 Level, according to the Common European Framework of Reference for Languages): candidates from educational systems not taught in Portuguese must present the Portuguese Language certificate attesting both oral and written competences, issued by a competent authority.

2.1. Without prejudice to the provisions of the previous point, students who do not have a B2 Level may still apply, as long as they formally commit to attending an intensive language course and obtaining the required B2 level by the beginning of the 3rd curricular year of the bachelor's degree. Failure to do this will prevent the students from renewing the enrolment at NOVA Medical School | Faculdade de Ciências Médicas until they prove to have acquired the required language skills.

SELECTION AND RANKING CRITERIA

The candidates will be ranked in descending order of their classification, rounded to the nearest tenth, based on the calculation formulas indicated below.

a) For candidates who compete with the ENEM (Brazilian National High School Exam) tests:

Only candidates with a classification in the ENEM knowledge area "*Ciências da Natureza e suas Tecnologias*" (CNT) equal to or greater than 100 points may be

admitted, after conversion to the Portuguese grading scale (0 to 200 points) using the following formula:

$$\text{ENEM C} = \text{Classification obtained in the CNT knowledge area} \times 200/1000$$

ENEM C – Classification obtained in the knowledge area of CNT after conversion to the Portuguese grading scale (0 to 200 points)

The final application grade being the result of the sum of 40% of the final grade of secondary education with 60% of the final grade of the ENEM test converted to the Portuguese scale:

$$C = (0,4 \times NES) + (0,6 \times \text{ENEM C})$$

NES – Final grade of secondary education (0 to 200 points)

The ENEM exam is valid for 4 years.

b) For candidates competing with other tests:

The final application grade will be calculated on a scale from 0 to 200, resulting from the sum of 40% of the final grade of secondary education with 60% of the best grade in Biology or Biology and Geology or Chemistry or Physics and Chemistry converted to the Portuguese scale (0 to 200 points).

$$C = (0,4 \times NES) + (0,6 \times MN)$$

NES – Final grade of secondary education (0 to 200 points)

MN – Best grade in Biology or Biology and Geology (BG) or Chemistry or Physics and Chemistry (FQ)

BG – Classification, in the entire scale from 0 to 200 points, in the final exam corresponding to the Biology or Biology and Geology exam.

FQ – Classification, in the entire scale of 0 to 200 points, in the final exam corresponding to the Chemistry of Physics and Chemistry exam.

c) For candidates who have attended the SUPERNOVA Pre-University Program at Universidade NOVA de Lisboa:

The application grade will be graded on a scale from 0 to 200, calculated using the following formula:

$$C = (0,4 \times NES) + (0,6 \times MN)$$

NES – Final grade of secondary education (0 to 200 points)

MN – Best grade in Biology or Biology and Geology or Chemistry or Physics and Chemistry (high school final graduation exams).

SUPERNOVA applicants will receive an additional 50 points in the application grade, up to a maximum limit of 200 points.

Candidates' Tiebreaker Criteria

Interview (in person or by videoconference), considering the following criteria: motivation (20%), maturity (20%), communication and argumentation skills (30%) and knowledge of the profession (30%).

APPLICATION INSTRUCTION (ONLINE)

1. The application is **exclusively submitted online** at <https://candidaturas.nms.unl.pt/cssnet-nms/page> and all fields of the form must be completed.
2. The application process, in addition to completing the online form, **must be accompanied by the following documents:**
 - a) Copy of ID card or passport, stating the nationality of the candidate;
 - b) Declaration of honour attesting that the applicant does not have Portuguese nationality, nor is covered by any of the conditions listed in points a) to f) of the ELIGIBLE CANDIDATES section present in this document (available online at <https://www.nms.unl.pt>);
 - c) Portuguese Language certificate proving the level of knowledge, or a declaration of formal commitment "to attend an intensive language course and obtaining the required B2", as established in 2.1.;
 - d) Portuguese high school diploma or legally equivalent qualification, when applicable;
 - e) Diploma **or** certificate issued by a competent authority attesting the successful approval in an education program **and conferring to its holder the right to apply for higher education in the country where it was obtained;**
 - f) Copy of the documents proving the grades obtained:
 - 1) In the two Portuguese entrance exams, for **holders of a Portuguese secondary school diploma or legally equivalent qualification.**
 - 2) In the Biology and Chemistry examinations for entry into higher education **in the country of origin;**
 - 3) In the exams referred to in points **ii.** and **iii.** of paragraph b) of the Specific Conditions, of this Notice.
 - g) Residence certificate issued by the country where the applicant is domiciled;
 - h) Payment of the application fee via ATM – payment of services, using the payment reference generated by the system or credit card.

Notes:

1. All documents containing grades must be accompanied by a conversion document to the Portuguese 0-20 scale.
2. All documents must be recognized by a Portuguese consular agent, or by The Hague Apostille in the country of origin of the documents, whenever they are issued by institutions from countries not belonging to the European Union.
3. The application is valid only for the academic year to which the contest refers.
4. All applications that do not meet the above requirements or which are not accompanied by all the respective documents will not be considered.
5. Without prejudice to the previous paragraph, the documents proving the fulfilment of the above-mentioned prerequisite are submitted by the candidates at the time of enrolment and registration, being an indispensable condition for the completion of said enrolment and registration.
6. The issuance of the documents mentioned in the previous number must occur in the period between the date scheduled for the beginning of registration in the prerequisites and the date of enrolment in higher education.

ENROLMENT AND REGISTRATION

1. Admitted candidates must enrol by the deadline set by NOVA Medical School | Faculdade de Ciências Médicas for the 2025/2026 academic year. Upon enrolment and registration, 30% of the total annual attendance fee (tuition fee) must be paid, plus the enrolment and school insurance fees.
2. In the event of a formal withdrawal from studies, the provisions of Regulation no. 310/2009 of FCM|NMS shall apply.
3. In the event of withdrawal, there will be no refund of the payment made for enrolment and school insurance fees.
4. Enrolment will only be considered final once the originals or certified copies of the identification documents and documents proving the qualifications considered in the application process have been presented by the start of the 2025/2026 academic year.

TUITION FEES AND OTHER PAYMENTS

Application fee	70,00 €
Enrolment fee	35,00 €
School Insurance	14,00 €
Tuition fee for the academic year 2025/2026	7.500,00 €

Lisbon, 7th of July 2025



Professor Doutor Nuno Neuparth
Subdiretor e Presidente do Conselho Pedagógico
em suplência de funções do Diretor Interino da NMS
Professor Doutor Miguel Xavier
por Despacho nº 17/2025 de 18 de junho de 2025